

A Manual

of

Wisdom.

or

Guide to Young Married Women

Revised Edition, 1924.

TO WOMEN WHO VALUE THEIR LIVES.

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Dear Sir,—Am pleased to say the Silver Coated "Triumphs" has proved highly satisfactory. They are **all that you claim them to be.**
Many thanks. Yours faithfully, F.V.

Shaldon, Devon.
Madam,—I have found the "Triumph" Pills **absolutely reliable,** and am now ordering these for a friend. Yours faithfully, E.C.

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Sirs,—Will you kindly forward me another bottle of your "Triumphs" as last time, as I find them always wonderful. I enclose P.O. and stamps. Yours sincerely, M.G.

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Yours faithfully, T.S.

Newcastle.
Madam,—I am pleased to inform you that the Silver-Coated "Triumphs" were highly beneficial. Kindly send me another bottle. P.O. enclosed. I would not be without them for anything now.

Yours faithfully, K.T.

Nelson, near Cardiff.
Dear Sir,—Please send me "Triumph" Pills by return, stamps enclosed. I have found the bottle which I have not finished to **have done me a lot of good.** I hope this bottle will be all I shall require for the present, but I shall **always keep your address "handy."** With many thanks. Yours respectfully, H.F.M.

Southampton.
Dear Madam,—I received the Tablets. I consider they are **splendid pills** which I shall be pleased to recommend to all my friends. Again thanking you for your prompt attention. Yours faithfully, J.D.

West Butterwick.
Sirs,—I received the "Triumph" pills, and I found them all you claim for them, and I shall not fail to send for more if I require any. You may use this letter as you like, but please do not publish my name. Yours truly, J.D.

Alfreton.

Dear Madam,—I am thankful to say I am well again after taking the pills. I do wish I had sent to you sooner. I am now writing to five of my friends to tell them of your wonderful "Triumphs," and I am sure they will be as thankful as I was. Thanking you for your kindness.

Yours truly, T. W.

Peterboro.

Dear Madam,—The "Triumphs" to hand. I have recommended them to many friends and I am sure they will write to you for some of them. I think they are splendid.

Yours faithfully, R.S.

Newcastle.

Dear Madam,—I am so pleased to be able to write you to say that I am quite well. I cannot thank you enough for your wonderful remedy, and I shall always tell others I know who would be glad to know that there is such a remedy.

Yours gratefully, A.

Sheffield.

My Dear Madam,—I was strongly recommended to you by a friend of mine who was already a client of yours. I cannot thank you sufficiently or speak too highly of your wonderful "Triumphs." They are indeed a true blessing to women.

S.G.

Preesall.

Dear Sirs,—Please send me another bottle of your Sugar-Coated "Triumphs," for which I enclose P.O. and stamps. The last bottle did me much good. I am suffering from Anæmia, so please oblige.

Yours truly, A.A.

Bournemouth.

Dear Madam,—I write to thank you for the "Triumphs" to hand yesterday. I may say this is the third bottle I have had from you, and I do not want to be without them. They are worth their weight in gold.

Yours gratefully, F.J.W.

Glasgow.

Gentlemen,—I beg to acknowledge receipt of "Triumphs," and am pleased to say that they are all that you claim them to be, viz. : "Nulli Secundus."

Yours very truly, A.R.P.

Cheltenham.

Mrs. J.C.H. encloses Cheque value 23/- and will be glad if Messrs. Le Brasseur, Ltd., will kindly send her another bottle of "Triumphs." She has always found them highly beneficial.

Cranfield.

Dear Sir,—Please forward me a bottle of "Triumph" pills, the others that I had did me much good. I shall recommend them to my friends.

Yours truly, D.E.

Derby.

Dear Madam,—I feel it my duty to write and thank you for your promptness in sending me a bottle of Gold-Coated "Triumphs," as they are everything that you state them to be. I cannot express how grateful I am for the benefit I have received, and I shall never hesitate to tell all my friends of them. I am sure I shall never be without them myself. I must conclude wishing your Company every success.

Yours truly, J.J.W.

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FOREWORD.

HAVING regard to the fact that so many young wives are wholly unenlightened as to the problems, responsibilities, and private matters of early Married life, we have endeavoured, by publishing this work to give some practical advice and assistance, which, by careful reading, will doubtless be found of great value. This Booklet has been compiled with the utmost care and skill, preferring plain simple language to high flown medical phraseology. The Author, also profoundly hopes that the articles on "Everyday Ailments" will serve their purpose should the need arise.

THE AUTHOR.

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A GUIDE TO Young Married Women.

CHAPTER I.

How to safeguard your Health.

GOOD health, upon which so much depends, is greatly responsible for the happiness of the home ; the young wife would do well to bear in mind that a simple meal well cooked is much better than elaborate dishes badly prepared. It is a common error amongst newly-married women to neglect themselves, particularly when their husbands are away from home the greater part of the day. Tea, bread and butter, etc. are poor substitutes for the usual mid-day meal. The consequences of continued neglect in this direction are too serious to pass unnoticed. The husband on his part should insist that his wife partakes of a proper dinner, otherwise, depend upon it, trouble in the form of nervous disorders, pallor, exhaustion, indigestion, inability to cope with household duties, and numerous other ailments will result in this familiar and unwise practice. The young wife should remember that if she is to face the future, with all its possibilities and uncertainties with confidence, it is her duty to safeguard her health, and to religiously avoid anything which may tend to have an undermining effect.

Whether it is due to prudish modesty, or a lack of understanding, mothers of the present day are unfortunately loth to discuss with their daughters the subject of married life, and in consequence many enter into that state entirely ignorant of what lies before them. Mothers should regard it not only as a duty but as part of their daughter's education to initiate them into life's little mysteries, and so help to avoid many an anxious moment which the young and uninitiated wife would otherwise experience.

It is not an uncommon thing for a young wife to experience fits of occasional depression ; this is easily understandable, and is, of course, due to the entire change which has taken place in her daily habits and occupation. The intelligent wife can quickly overcome these feelings by living a healthy, industrious life, and by taking the necessary amount of exercise. All women should cultivate the habit of walking say 2 or 3 miles daily ; this will be found most beneficial, and is above everything else so conducive to sound health.

Both husband and wife should practise economy ; there can be no hard and fast rules laid down, but after the first few weeks it will become apparent as to the amount they can conveniently put by. If the young wife has been properly trained at home there are a thousand and one different ways in which this can be practised. Nothing delights the young husband more than the knowledge of his wife's ability to save ; it greatly increases his respect and affection for her, and enlarges his appreciation for his home. Furthermore, with the knowledge that sooner or later a " little stranger " will put in appearance, the habit of saving will be found a wise procedure.

CHAPTER II.

Signs of Motherhood.

A VERY large proportion of young married women are often well experienced in ordinary matters pertaining to the home, but entirely in ignorance on the subject of child-bearing. This is one of the faults of the present-day system of home training, and in consequence knowledge is sought from strangers or acquired as a result of her own bitter experience, which may often prove a very bitter trial.

Usually the first signs of coming "Motherhood" are experienced during the first three or four weeks after marriage. Assuming that the young wife is in good health the first indication generally is the discontinuation of her monthly periods. This, of course, is the most well-known and familiar symptom. A stoppage must not, however, be taken as precedence, as it can occasionally be attributed to cold, illness, or organic disorders. Other unmistakable symptoms, however, which follow, are morning sickness, nausea, tingling sensation in the breasts, heartburn, fits of depression, craving for vegetables, fruit, etc. Good fruit can be indulged in to any extent, as for all healthy women it is an excellent food. Although the sensation of morning sickness is often severe, it is not usually of long duration. During its activity a glass of hot milk or tea will be found to give relief. Tea should, however, be drunk sparingly. When the sickness or nausea has passed, a healthy woman usually feels quite well for the rest of the day. She should, however, remember that heavy work must be left alone; strain of any kind must be avoided—the consequences are invariably disastrous.

Every expectant mother who regards her health should immediately visit her doctor and inform him of her condition. This is a precautionary step which should not be

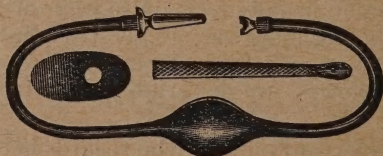
disregarded, and will be found of value in cases of accident or forgetfulness which may result in miscarriage or premature birth.

It is too often supposed by the unenlightened young married woman that an "Expectant Mother" is forced by her condition to discontinue her household duties, and give herself up entirely to rest. This is quite an erroneous idea; exercise in moderation and plenty of fresh air is most beneficial. Places of amusement and crowded thoroughfares should be avoided, and where circumstances permit 2 hours rest in the afternoon should be taken, and 9 to 10 hours sleep at night. If not in the habit of doing so she should accustom herself to sleeping with the windows wide open.

CHAPTER III.

Clothing and Diet.

THE most important items are proper diet and clothing. At this critical period the most nourishing food is essential. Whole Meal or Hovis Bread is very strengthening and easily digested. Porridge should be taken at least three times a week, and as costiveness is usually apparent plenty of good sound fruit, raw or cooked, or syrup of figs, is calculated to remedy it. For obstinate cases, however, the Enema Syringe should be used to the extent of twice or three times a week without the slightest fear of harm.



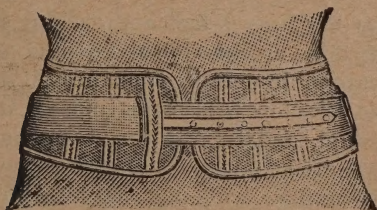
A Highly Recommended Enema (*see page 33 for prices*).

For this there is no better syringe than the one illustrated above, which is more fully described on page 33. The

best injection is obtained by adding to a pint of tepid water a small piece of Castile soap or liquid soap. The Gum Elastic Tube need not be used for constipation as the Enema is also fitted with an ivory pipe, which, when covered with vaseline, can be inserted with ease.

Next in importance to diet is clothing. The undergarments should either be flannel or something of a woolly nature; in other words the "Expectant Mother" should be so clothed as to prevent any possibility of colds and other ailments which sudden changes of temperature are liable to bring about. In this respect the woman is the best judge as to the suitability of her clothing.

The utmost care should be taken in all cases of vomiting to excess. Miscarriages are frequently caused by this. The best remedies are Bismuth Tablets, Soda Water, or Lemon Juice and water; or if an old-fashioned remedy is preferred, hot treacle and milk. With the advance of time Varicose Veins and Piles often put in an appearance; such afflictions should at once receive attention, and the best remedies sought after (see page 25)



Abdominal Belt No. 13.

Prices and full description on pages 36-38.

The Evils of Tight Lacing. It must be borne in mind by every pregnant woman that during the period of carrying tight fitting garments must be religiously avoided. Perfect freedom is essential to prevent the common complaints from which so many needlessly suffer. About the

fifth month an Abdominal Belt must always be worn, and for this purpose the one herein illustrated will be found to fulfil every want. It is so made to respond to every movement of the body, and yet gives all the support so necessary.

At the end of the sixth month the nurse should be engaged, and here we give a word of counsel : get the best nurse that your circumstances will allow of—one whom you know to be thoroughly capable and of cheerful disposition. It is your duty not only to yourself and husband—who, of course, thinks you the best wife in the world—but to the little one as yet unborn.

With the approach of the seventh month anything is liable to happen. Shock or worry may cause premature birth ; therefore if all necessary arrangements have been made, you have nothing to fear. For the young wife's guidance, the following articles should be obtained in readiness. A large mackintosh sheet with which to cover the bed, scissors, carbolised vaseline, sanitary towels, safety pins, etc. Complete accouchement outfits are, however, fully described on page 35.

Now that her time is fast approaching the Expectant Mother should keep as cheerful as possible, and should be particularly careful to refrain from heavy work or undue physical exercise. Now is also the time for the husband to show his affection, and this he can do in numerous ways. There are a hundred and one little duties he can perform, trivial enough in their way, but very helpful to his wife. A good husband will be astonished at the satisfaction he will derive from so doing.

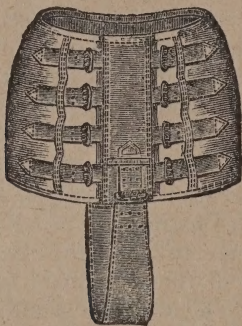
CHAPTER IV.

Confinement.

THIS period is, of course, viewed by the young wife with nervousness and apprehension. All preparations having been made she must now compose herself for the inevitable. Much depends upon the way she has looked after herself whether she has easy or difficult labour. Usually the last two weeks prior to the birth, the body appears to become smaller, and there is less difficulty in breathing; at the same time there is a tendency towards diarrhoea, which is a good sign. Constipation must at this stage be prevented, and, as explained in Chapter III, a free use of the Enema will cause the bowels to act properly. Mild pains may occur in the region of the abdomen, usually two or three days beforehand. Whilst these should not be mistaken for the true pains, it is nevertheless a sure sign that confinement is close at hand. All preparations down to the baby's clothing should now be completed. The Nurse and Doctor should be sent for immediately the true pains commence, and it is easy to distinguish them from the false pains, as they—the true pains—come on at regular intervals, increasing in intensity until the child is born. It is advisable that during the intervals between the more acute pains the patient should get all the sleep she can. This will refresh her, and at the same time help her to face the ordeal more confidently. Above all, she should endeavour to do all the doctor tells her, as in doing so she is helping him and herself at the same time. Often during the severest pains the roller towel will be found very useful.

After baby is born complete rest for the mother is absolutely essential. It should be the duty of the nurse to allow no one apart from the husband and doctor, to visit her.

A wise nurse will insist on this. For at least three weeks the young mother should get the most careful attention. More women have their health completely ruined during this period by careless attention than is generally supposed. Particular attention must also be paid to binding. This should be done in such a manner as to give the necessary support, and at the same time avoiding painful pressure or



The Perfect Obstetric Belt, No. 14.

(Full description with prices on page 40).

Irritation. The best and most reliable means is the use of an Obstetric Belt (see illustration). Its superiority over the hand-made binder is most marked, is easily put on, rapidly and evenly reduces the figure, and can be adjusted without disturbing the wearer. The advantages of wearing one of the Belts is still further appreciated when the mother commences her household duties.

CHAPTER V.

Care of Baby.

IT is not usual that with her "first" Mother is unable to give baby its full quantity of milk. Mothers should, however, spare no effort to increase her supply, and this

can be accomplished by careful dieting. The following are invariably excellent things for this purpose. Beef Tea, Arrowroot, Milk, Eggs and Lactogal (obtainable at all Chemists).

If, however, the Mother is quite unable to suckle her off-spring, there is no better substitute than Cow's Milk. This of course must be absolutely fresh, and found to suit the child. As a rule the following table will provide sufficient for its daily requirements : $\frac{1}{2}$ pint of Milk, 1 oz. pure Cream (entirely free from Boric Acid), 1 oz. sugar, and water or barley water to make up the pint. It is a good plan to prepare enough food for the day in preference to making each separate feed. Up to six months baby should be fed every three hours daily—not during the night. From 6 to 9 months, every $3\frac{1}{2}$ hours ; and from 9 to 12 months every 4 hours. As the infant gets older he naturally requires more food. The quantity, not the quality, should therefore be increased at the discretion of the mother. Above all things, in feeding baby by hand, absolute cleanliness must be strictly observed. The bottle teat and valves should be washed before each feed and immediately after. Bottles having long tubes should be left alone ; avoid them as you would a plague.

One of the most trying and critical periods of a baby's life is its teething stage. This, however, should call for no anxiety on the mother's part if she does the correct thing. Clothing is a very important item, which should be light, yet warm. Although somewhat old-fashioned, the flannel binder worn right through the teething stage will be found a most complete protection against colds. It is generally supposed that Teething is the cause of Bronchitis. This is quite a mistaken idea, and is very simply explained. Teething often creates a state of feverishness. If the little one

is improperly clad cold is the result, which turns to bronchitis. Don't be too impatient for baby to walk, as "bow legs" and other deformities are caused by such experiments.

The Dangers of Over Feeding. Care should also be exercised on the part of the mother or those responsible for the upbringing of the infant, not to over-feed it. This is a mistake which is often made, and one attended by disastrous consequences. Under no consideration should a baby under ten months be given anything but milk, whether breast or hand fed, as under such conditions the digestive organs are totally incapable of performing their proper functions. You don't need a doctor to tell you that food undigested is ruinous to the system.

Another essential to the young life is Fresh Air. It cannot have too much. Of course draughts should be studiously avoided. After the fourth or fifth week it is perfectly safe to take baby out, unless, of course, the weather is too rough. Nothing is so conducive to sound, refreshing sleep as fresh air.

Pay particular attention to Baby's Clothing. Woollen garments are undeniably the most suitable. Refrain from the use of pins; they are a positive danger. Every mother who has any regard for her child will appreciate this. Above all, keep baby's clothes sweet and clean. This will obviously entail extra work for the mother, but to keep baby wholesome and attractive should be her heart's desire. Cultivate as much as possible habits of regularity and tidiness. Children are born mimics, and whatever they see around them they imitate. Surround a child with affection, cheerfulness, healthy habits, tidiness and cleanliness, and you will enjoy the satisfaction of seeing your boy or girl grow up a healthy and clean-living citizen.

The Question of Limitation of Family.

TO almost every woman the question of limitation of family is, from a variety of causes, of the most importance. It is not infrequently the case that when children are born in rapid succession that her constitution must necessarily suffer, and invariably if such a state of things is allowed to continue the results are too grave to be ignored. In such cases a Doctor will usually advocate some means to prevent any further increases ; and to the woman, the knowledge that she may limit her fast growing family will prove of great value to her. Surely where the health and, indeed, the life of the woman is the vital question, it should be, and is, regarded of paramount importance to prevent, by perfectly moral and hygienic means, any further addition to her family. If, therefore, your Doctor has advised a limitation of family, the best and safest means of prevention will be found in Booklet "D," which we shall be pleased to forward post free, under plain cover, on application.

A MANUAL OF WISDOM.

CHAPTER I.

EVERYDAY AILMENTS AND THEIR TREATMENT.

ANÆMIA OR BLOODLESSNESS is a condition of the blood in which the red corpuscles are too few. It is shown by a pale skin, loss of appetite, shortness of breath, feeble circulation, and cold feet and hands. The natural redness of the lips and tongue is lost. Patients lack energy, and are always tired. It is common among those who work indoors, specially if the atmosphere is impure. It is rather a serious condition, for there is of necessity a loss of power to resist disease, as well as a tendency to neuralgia, heart weakness, and even dropsy.

TREATMENT.—Three meals a day should be enough ; meat may be taken liberally, oatmeal, wholemeal flour, new-laid eggs, stale bread, fruit and vegetables, and warm milk as much as desired will be advisable. Plenty of fresh air, frequent baths, and a fair amount of bodily rest and sleep are needed.

The following Mixture should be taken three times daily, one tablespoonful in water :—

FORMULA OF MIXTURE.—Citrate of Iron and Ammonia, 2 drachms ; Magnesium Sulphate, 2 drachms ; Peppermint Water to 8 ounces.

ABSCCESS is an inflammation commonly seen in the tissues beneath the skin, causing pain, swelling, redness, and heat. Subsequently matter forms, which tends to come to the surface and break, forming an ulcer. A succession of abscesses would indicate an impure condition of the blood or general weakness. They are most frequently confined to a small area, but are sometimes diffuse or spreading. This latter condition indicates general constitutional weakness.

TREATMENT.—When an abscess will not quieten down, but makes headway and points, especially if there be increased redness, swelling, and throbbing, it should be poulticed with linseed. It may also be freely bathed in hot water, in which a little salt has been dissolved. This bathing can be done twice a day for half an hour at a time when practicable. Apply poultices during the rest of the daytime, but discard them at night. If the abscess is not broken open by bedtime cover and protect the inflamed part with flannel.

After it is broken, poultices may be still further applied until the discharge ceases or is very scanty, and then you should assist the ulcer to heal.

IF YOU ARE RUPTURED AND ARE WISE

you will read the Advertisement on page 27 of this Book of

**Messrs. LE BRASSEUR SURGICAL Co. Ltd.,
90 and 92, Worcester Street, Birmingham.**

This can be done by the application of Brasilican Ointment, a most valuable antiseptic preparation, which should be spread thinly upon a piece of very clean soft linen or lint, and changed two or three times a day. When changing the dressings the open sore should be cleansed with warm water, or dissolve one teaspoonful of Boracic Acid in a pint of warm water and use this instead.

ASTHMA is a spasmodic disease affecting the air-tubes of the lungs, which, by causing their contraction, induce difficulty of breathing which is sometimes very severe. It often occurs in the night or early morning, making the patient sit up in bed gasping for breath. Bronchitis is often associated with it, and is the cause of the phlegm which comes up after the cough. Though it is not a disease that kills, the attacks are very trying, and their frequent recurrence weakens the heart by putting too much strain upon that organ.

Treatment.—Asthma being a purely nervous disease, much comfort can be obtained when the breath is very difficult by applying a hot moist bran poultice, or hot water bottle half full of hot water over the chest, with a cloth wrung out of cold or cool water to the back. Change the cloth every few minutes, and continue for half an hour or longer. These applications are perfectly safe, except in the very young or the aged. Light easily-digested food is best, with the principal meal in the middle of the day, while supper should consist of a cup of beef tea, bread and milk, or something equally light. As drinks may be taken, cocoa, milk and water, barley water or toast water. Plenty of gentle exercise should be taken in the open air, and the windows should be kept open at the top at night.

LE BRASSEUR FAMOUS "TRIUMPH" TABLETS

Are the best of all FEMALE PILLS. We guarantee "Triumphs" to be pure and reliable. Highly recommended by the Medical Profession for Amenorrhœa, Leucorrhœa, Anæmia, and all Kindred Ladies' Ailments. Le Brasseur "Triumphs" possess remarkable remedial powers. They contain no poisonous drugs and are perfectly harmless. **Sample & full particulars will be sent absolutely free on application.**

Sold in Bottles in { 3/- and 5/- Sugar Coated.
Three Strengths : { 5/- and 11/6 Silver Coated.
 { 12/- and 23/- Gold Coated.

Special Note—

The 5/- Sugar Coated size contains twice the amount of the 3/- size.
 „ 11/6 Silver „ „ „ 3 times „ „ „ 5/- „
 „ 23/- Gold „ „ „ 3 times „ „ „ 12/- „
 (Strongest obtainable.)

Write The Manageress,
LE BRASSEUR SURGICAL MANUFACTURING Co., Ltd.,
 (Dept. M.W.),
 90 & 92, Worcester Street, BIRMINGHAM.

CATARRH (PULMONARY), or COLD ON THE CHEST.—

That this complaint may be better understood, in the absence of medical advice, it is well to know that the windpipe and bronchial tubes—the tubes leading from the windpipe to the lungs—are lined with a delicate membrane called the mucous membrane, which, in a state of health, is kept constantly moist by a secretion of mucous—a bland non-irritating fluid. The first effect of a cold on the membrane is to render it dry; its secretion is suspended, it becomes tumid and swollen, and then begins to form phlegm—the accumulation and expectoration of which causes a very exhausting cough, which severely strains the muscles of the chest and lungs. This cough, by the neglect of ordinary precautions and suitable remedies, engrafts itself on the system, making a person what is termed “delicate on the chest,” susceptible to every cold draught of air; or it produces a chronic “Winter Cough,” with perhaps Asthma; or if there be inflammation, Bronchitis.

Treatment.—The following Mixture should be taken as directed, when immediate relief will be given:—

Formula of Mixture.—For Catarrh (chest): Bicarbonate of Soda, 4 drachms; Ammonium Carbonate, $\frac{1}{2}$ drachm; Salicylate of Soda, 2 drachms; Tincture of Squills, 3 drachms; Ipecacuanaha Wine, $\frac{1}{2}$ drachm; Chloroform Water to 8 ounces.

Dose.—1 tablespoonful three times a day in *wineglassful of water* half an hour before meals.

CATARRH OF THE STOMACH (Chronic Gastric Catarrh, or Gastritis).—This ailment is more common than is supposed, for unpleasant symptoms after eating are often put down to Indigestion or Dyspepsia, when they are due to the congested and inflamed condition of the internal coats of the stomach, which distinguishes catarrh from other digestive disorders.

This congestion causes an abundance of mucus to be formed, which prevents the normal quantity of gastric juice being poured into the stomach, and this seriously hinders the digestion of food.

The lack of sufficient gastric juice leads to a series of most unpleasant symptoms, the most prominent being pressure and fulness after eating, wind and flatulence, heartburn, loss of appetite, tenderness at the pit of the stomach, sickly feelings, occasional vomiting, coated tongue, nasty taste, constipation, headache, lack of energy, sleepless nights, and low spirits.

If not speedily cured the coats of the stomach become permanently thickened, whilst the Catarrh often sets up a Gastric Ulcer or causes an enlarged stomach.

The chief causes are habitual over-eating, taking too much tea or alcohol, and swallowing food without sufficient mastication.

Treatment.—Avoid anything which does not agree with that organ, for unless this is done no medicines will give much relief.

The diet must be restricted to those foods which are easy of digestion and will not readily ferment and cause fulness.

Avoid potatoes, fat meat, sugar, pastries, potato and pork pies,

hashes, stews and soups.

Eat wholemeal flour, bread or porridge, lean meat occasionally, but only a small quantity at a time, tripe, fresh fish boiled if it is found agreeable, dried fruit well cooked, and eggs.

Drink coffee, warm milk and cocoa, but only have tea once daily or avoid it altogether.

COLD IN THE HEAD (Catarrh or Coryza).—There are few ailments more annoying than an acute cold in the head, for the feeling of stuffiness, the throbbing and fulness in the head, the slight feverishness, the inflamed and watering eyes, and the constant running from the nose, make up a combination of symptoms sufficient to vex anyone. This most common of all acute affections is generally thought to be the result of taking cold, but the fact that it frequently occurs without there being any evidence to prove how the cold was caught shows that there must be other reasons.

It is now known to be infectious, and frequently spreads from one person through a whole family, and it is also certain that the chief cause is breathing impure air in overheated rooms.

Those who are careful not to remain too long in crowded or badly ventilated places, and especially those who are accustomed to the morning cold bath and the open window at night, seldom take cold.

Treatment.—Have a hot leg bath upon going to bed. It will be an advantage to put a cold cloth over the head while the feet are in the bath, covering it with a towel, and in order to induce free perspiration have a large basin of hot gruel. Composition Essence, or hot lemon water (the juice of one lemon in half a pint of hot sweetened water). Eucalyptus or Camphor Snuff is excellent for relieving the stuffiness and checking the discharges, while Spirits of Camphor or Eucalyptus Oil taken on sugar are also very beneficial.

Elderly persons should stop in bed the next day, but if they must be up and at business, they should take the precaution of putting on fresh flannel clothing, and perhaps a little more than was worn the previous day.

Men would find a good warm head bath to be very soothing, whilst if there is much heat in the head, with copious water discharges from the nose and eyes, clothes soaked in cold water, placed on the forehead and changed often, do good, or the face and forehead might be bathed in cold water for several minutes.

Breathe fresh air, but avoid chilly draughts.

Do you suffer from Nasal Catarrh or find difficulty in Nose Breathing ? If so, try

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They will cure you.

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The Complete Outfit contains 1 Pair Le Brasseur "INHALATORS," 2 Boxes of Le Brasseur "INHALOIDS." Secure and privately packed, will be sent for—

**EXTRA BOXES OF
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2/5 each.

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IMITATIONS.**

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See pages 4 & 5 in our Illustrated Catalogue, sent free on application.

EVERYDAY AILMENTS AND THEIR TREATMENT.

CHILBLAINS are mild forms of frostbite, occurring generally at the most remote parts of the body, where the circulation is necessarily feeble in cold weather. The toes, fingers, and ears suffer most. There is first a chilled, or cold condition, which may not be much noticed, but when the natural reaction sets in, the blood returns more freely to the chilled parts, tingling and itching occur, followed by redness and swelling. When the chilblains break, they are often very sore and painful.

TREATMENT.—For unbroken chilblains the following treatment should be done each night. Mix: Two teaspoonfuls of tincture of cayenne with one pint of boiling water, and one teacupful of malt vinegar.

When cool enough soak a cloth in the mixture, wring slightly, and wrap round wherever the chilblains are. Take care to completely cover them with the warm cloth, lay over it a dry one, and bandage securely. If on the ears well bathe them, and afterwards cover as much as possible.

If the toes or fingers are the affected parts, immerse them entirely in the above mixture and keep there for 10 minutes. Then take them out, soak a fresh cloth in it, cover the chilblains with this, and go to bed, keeping the dressing on all night. Continue this treatment nightly till cured; change socks or stockings every day, and see that the feet are kept warm. Gloves should be worn in cold weather.

CONSTIPATION may be caused by improper food, negligence of habit or indigestion. A careful diet is one of the first requirements. A glass of cold water late at night and first thing in the morning is useful. More meat, beans, lentils, and less milk and farinaceous food should be taken; figs, prunes, and ripe fruits are also beneficial. Open air exercise and friction promote the action of the bowels greatly. An aperient is useful, and one or two of the following tablets will be found very beneficial:—

FORMULA OF TABLETS.—Extract of Cascara Sagrade, 2 grains.

DOSE.—1 or 2, as required.

These Tablets are unequalled as a general aperient.

CRAMP is a violent muscular contraction most commonly felt in the legs or the feet, especially the calf. It may come on after exhaustion, or from excessive exertion, particularly if the sufferer has varicose veins, but general physical weakness and coldness in the limbs seem to be the most common causes. It may occur in the middle of the night if the legs and feet remain cold after going to bed.

There is also a special form of cramp in the hands, common to those workers who employ the muscles of the hands and fingers in one constant exercise, such as writing, sewing, playing the piano or other instruments. There gradually comes over the hands a lack of power to keep on with one's work, or they easily become fatigued. There may sometimes be pain and trembling in them.

The great remedy for cramp is a hot, moist application over the seat of the contraction. Hot water fermentations and bathing are the quickest to be had, and therefore the handiest. This, however, cannot always be secured, as when a bather is suddenly attacked with cramp

while in the water. When he has been assisted out of the water keep him standing, throw a towel and a coat over him, then rub the affected leg and foot, first with a dry towel, then with the hand, until the massage and the warmth of the friction has reduced the cramp.

DIARRHŒA arises from many causes, such as undigested food, skins of fruit adherent to the bowels, acidity of the stomach, or from poisonous ferments in unwholesome food.

TREATMENT.—Rest in a recumbent position is desirable in acute cases. Severe griping pains are best relieved by hot fomentations applied to the stomach. The best way to foment is to dip a large folded piece of flannel in boiling water and dry it in a towel by twisting the ends, and apply to the skin as soon as it can be borne by the sufferer. Equal parts of milk and lime water flavoured with Cinnamon should be freely drunk, and a dose of half an ounce of Castor Oil taken in milk or brandy will prove most beneficial, and five drops of strong Spirits of Camphor on a lump of sugar every half hour or oftener for five hours will generally prove effectual in ending the attack.

DIPHTHERIA.—A poisonous growth in the throat, which is very infectious. It is generally derived from bad drainage. It begins with fever, depression, and what would seem to be a cold in the head, hoarseness, stiffness of the neck, and swelling of the throat glands.

The patient should be isolated and the doctor at once sent for.

The strength should be well kept up by strong beef tea, milk, eggs, etc., and the utmost precaution should be taken to prevent the spread of the disease.

DROWNING.—The doctor, blankets and hot water bottles should at once be sent for.

Place the patient on the floor with the face downwards and one of the arms under the forehead, clasp him round the middle of the body, and raise him to allow all water to run out of throat, etc. Then turn the patient on his back with a support of a cushion or folded article of dress under the shoulders. Draw the tongue forward and tie a piece of string or tape round it to keep it in position. Grasp the arms just above the elbows and draw them gently above the head, then turn them down and force them gently and firmly for two seconds against the sides of the chest. Repeat the movement about fifteen times in a minute.

EPILEPSY or "Falling Sickness" is characterised by a sudden seizure of insensibility coupled with convulsions. It is often hereditary but may be induced by a variety of causes.

The patient should not be left during an attack, and great care must be taken that he does not hurt himself. A cork should be placed between the teeth, the patient lie prone, and plenty of air allowed until the doctor arrives.

IF YOU SUFFER FROM VARICOSE VEINS, Bad Legs, etc., the advertisement on page 25 will interest you. BOOKLET "B," which, by filling up Coupon, will be sent by return post, fully explains how by a Wonderful New and Scientific Treatment **which is sent on trial**, Varicose Veins, Bad Legs, etc., can be permanently **CURED.**

LE BRASSEUR SURGICAL MFRG. Co., Ltd.,
90 & 92, Worcester Street, BIRMINGHAM.

FAINTING.—This is generally caused by weak circulation. The patient should be laid at once on the back flat (no pillows), and free access of air allowed; all tight articles removed from about the neck, and strong smelling salts applied to the nostrils. Sprinkle cold water on the face, and give a teaspoonful of Sal Volatile in a little water, or brandy and water.

FEVERS.—Poisonous germs find their way into the system, and nature endeavours to throw them off, causing the temperature of the body to rise, and consequent consumption of the tissues.

The patient should be kept in bed, and medical aid sought. No solids should be given, beef tea, mutton broth, milk, or milk and soda-water, jellies, and barley water, should be the dietary. Endeavour to induce perspiration.

INDIGESTION or DYSPEPSIA.—The symptoms are flatulance, acidity, heartburn, and vomiting, and the causes are improper food, either in quality or quantity, irregularity in eating, or changes in the secretions of the stomach caused by eating too hurriedly or with insufficient mastication or fermentation of undigested food.

The most common form of Indigestion is ACIDITY—or acid dyspepsia, as it is called, meaning excess of acid on the stomach. It is usually accompanied by “heartburn,” and flatulence, and eructations of an acid fluid which comes up in the mouth.

A quick temporary remedy for this is bi carbonate of soda; but the best plan is to attack the causes by carefully regulating the food, avoiding acid foods such as pickles, vinegar, and the like, also excess of sweet things, which afterwards turn acid in the stomach. Potatoes should be taken sparingly, and bread should not be eaten until the newness has gone. Wines should be avoided. Weak fresh tea or coffee (with milk) or cocoa may be taken. For temporary Indigestion or Biliousness, generally caused by over eating or insufficient mastication, and usually accompanied by headache and lassitude, there is nothing better and more effective than the following Digestive Mixture.

FORMULA OF DIGESTIVE MIXTURE.—Carbonate of Bismuth, 2 drachms; Bicarbonate of Soda, 2 drachms; Spirits of Sal Volatile, 1 drachm; Chloroform Water to 8 ounces.

DOSE.—1 tablespoonful to be taken three times a day in water, half an hour before meals.

INFLUENZA, “la grippe,” “the flue,” call it what you will—is due to a germ called the Pfeifer bacillus. It is a tiny little organism, most difficult to find, but extremely hard working. Influenza is extremely contagious, more so than most people imagine, and it is caught by breathing infected air. Though generally more prevalent in winter it thrives at all times of the year.

One system which is not well known is the peculiar appearance of the soft palate, which looks as if it had been dusted or sugared. Another thing is the curious whitish appearance of the tongue. When a person is sickening a feeling of chilliness comes on more or less suddenly without apparent reason. This soon develops into a shivering fit or a series of shivering fits, followed at short intervals

A MANUAL OF WISDOM.

by a severe headache. With the onset of the headache comes an increase in temperature above the normal 98·4 degrees, which will be noted with a clinical thermometer, though the pulse does not rise in proportion to thermometer.

The first sensible thing to do is to go straight to bed. Get as warm as possible, and take hot drinks, such as a glass of hot milk or hot lemonade.

Watch the thermometer closely. As soon as the headache is gone and the temperature shows signs of going down take a dose of citrate of potash and sal volatile ; as soon as ever you can, begin feeding up, commencing with beef tea, eggs and milk, or even hot milk.

The first rule in escaping Influenza is to keep well and avoid over fatigue. Avoid visiting anyone who has it, or who is just recovering, for their atmosphere is positively deadly.

Treatment.—Sprinkle a few drops of Oil of Eucalyptus on the handkerchief and inhale. Take five drops of Oil of Eucalyptus on a lump of sugar three or four times a day. Take also mixture as directed for Catarrh (see page 18). This treatment will be found most efficacious, and should be continued for some time even after every appearance of the ailment has gone, so as to ensure being perfectly cured, otherwise a return is likely. It is always safer to take the remedy too long than to leave it off too soon.

NEURALGIA, or Tic Douloureux, is an affection of the large nerves of the face and their many branches, and is much more frequent in women than in men.

Causes.—It may be constitutional, or due to decayed teeth, indigestion, anxiety or worry.

Symptoms.—The usual history is that of gradually increasing pain in the face or teeth. At first the attacks are regarded merely as toothache, and tooth after tooth is extracted in the vain hope of finding the painful one. The pain in the face and eye is agonising, and may stop suddenly or subside gradually. After a time the attack gets more frequent, and there is constant soreness or aching in the jaws or eyes, until, ultimately, so sensitive becomes the nerves that the slightest touch, a breath of air, or the attempt to take food, produce the most frightful torment.

Treatment.—A highly nourishing diet is necessary, with plenty of fats, such as cream, butter, and fat bacon, which improves the vital vigour and enriches the blood.

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EVERYDAY AILMENTS AND THEIR TREATMENTS.

OBESITY is due to an excessive deposit of fat in the subcutaneous tissues, especially over the abdomen and within it. It seems to be largely due to hereditary causes and to established habits of mind and body. People who are restless and anxious, taking life too strenuously, are apt to be thin, those of jolly disposition, of quiet and contented nature, are very often stout.

The burden of weight is not the only trial, though this often causes shortness of breathing, weakness of the bladder, and makes walking a difficulty. Sometimes the muscles get weaker, and the heart may become endangered by excess of fat over its surface and within its structure.

Women are more liable to Obesity than men, and frequently suffer from gallstone colic.

Treatment.—First for those who are sound in Heart and Lungs. More exercise and less food are often called for, but any change in one's customary habits in these respects must be gradually affected. Fat people should be largely vegetarian in their diet and teetotal or nearly so. They should take some physical exercise daily, and walk or run as far as their strength will allow. It is a good plan to lay a piece of flannel (four-fold and preferably moist) over the abdomen before taking exercise, with a view to induce local perspiration and its affect on the underlying fat. Turkish baths, or hot air sweating baths may be taken occasionally, or the hot foot baths more frequently.

Secondly, for those who have **weak Hearts**, as many very stout people past middle life have—such should avoid Turkish baths, and have a care as to the degree of physical activity undertaken. Alkalies or vinegar internally should be avoided, for the quantity necessary to reduce fat also acts injuriously upon the stomach and blood.

PLEURISY.—The indications are a severe pain inside the cavity of the lungs. It is an inflammation of the membrane which covers the lungs. It is generally caused by exposure to cold and wet. The patient should be placed in bed immediately. Linseed meal poultices be applied to the chest and back, and the doctor sent for.

PNEUMONIA is an inflammation of a part of the lung, and is generally indicated by shiverings, headaches, and pains on the side of the chest. There is loss of appetite, the face is flushed, and the breathing short and rapid, with a rise in the temperature. Medical aid should at once be sought.

VARICOSE VEINS are veins that have become permanently swollen and thickened, and are commonly seen on the leg, though they may occur in other parts of the body. They are often long, wavy, and knotted.

Some people seem predisposed to them, having perhaps natural weakness in the walls of the veins. Aching pains are the chief symptom, but there is always the tendency of the skin over the enlarged veins to become thinner through lack of nourishment, when it may easily ulcerate and cause a great deal of trouble. Another danger is the breakage or bursting of a vein, which might prove a serious matter.

The principle cause is Chronic Constipation, aggravated by too much standing. It is certain that the wearing of garters checks the return of blood up the leg and thus causes pressure on the surface blood

vessels, which if long continued, must often set up permanent swelling of the veins. We would therefore advise ladies to wear suspenders and abolish garters altogether. Other causes of Varicose Veins are sluggish liver.

VARICOSE VEINS

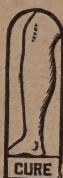
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CHAPTER II.

BURNS AND SCALDS.

IT is sometimes thought that a burn is quite a different thing from a scald ; but to all intents and purposes the results are the same, and are treated in just the same way—the only difference being that one is produced by moist heat, the other by dry.

Generally speaking, scalds are milder than burns, because the time of contact between the flesh and the scalding fluid is so short. For instance, if the kettle boils over upon your hand, the water scalds the skin, it is true, but it runs off and cools before any great harm can be done. Of course, in cases where people, and more particularly children, fall into boiling water, or, worst of all, boiling lead, the results are extremely serious.

Burns are classified according to their depth, not according to the amount of surface over which they spread. In other words, the first thing to find out is, "How deep has the burn penetrated?"

For this purpose burns are divided into six degrees of severity.

In the first degree there is merely a scorching, but no actual destruction of tissue. The reddened skin may peel off, but no further trace of the burn will be left.

In the second degree the cuticle, or outermost skin, is destroyed, and the true skin underneath is inflamed. Fluid is forced out, and a blister is formed. In a day or more, according to the severity of the burn, a new skin forms underneath, and the old skin of the blister peels off, leaving only a slight discolouration behind it.

The third degree is much more serious. Not only is the outside skin destroyed, but also part of the thickness of the inner (or true) skin. The destroyed portion comes away, and the hair follicles and grease ducts remain. These are quickly covered by a raw healing surface, which discharges matter and heals up comparatively quickly. No deformity results, but a visible scar remains. In bad burns of the third degree and in worse cases a doctor should be called in at once.

In the fourth degree all the skins are destroyed, and a raw surface is left, which bleeds easily. This heals very slowly with fibrous tissue, which has a tendency to contract. This is important, because the scar which is formed may cause an actual deformity.

And in the fifth degree the skin and the tissues under the skin are destroyed.

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Every Lady should own a Syringe, and the best, safest, and most convenient one is a

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IT CLEANSES INSTANTLY.

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In the case of blistered burns, of the first and second degree. First prick the blister with a **CLEAN** needle and allow the fluid to drain away. Spread some boracic ointment on a piece of lint and bind it over the part, leaving it there for a day or two, by which time a fresh skin will have formed, and the old skin may be removed. If the blister is small, the ointment of the glycerine of lead is very pleasant, and does not stick, but it should be used very sparingly.

In case of burns of the third and more serious degree, use every effort to prevent the absorption of poison into the blood. Cover the burnt part with boracic ointment, with picric acid, or the universally popular carron oil. It is a good thing to keep ready a bottle containing equal parts of lime water and linseed or olive oil. This soothes the pain, and if applied at once it will do a great deal of good.

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CHAPTER III.

THE MANAGEMENT OF THE SICK ROOM.

WHEREVER it is possible, the sick room should be so situated as to have a southern aspect, a fair possibility of sunshine. It should be spacious, lofty, well ventilated, and quiet.

In infectious cases it should be isolated from the rest of the house. Careful attention should be paid to the drainage, which is essential should be in perfect order.

The only safe guide to the temperature of the room is by means of a thermometer, which should be hung against the wall near the bed, and a record of its reading should be taken at intervals during the day.

The temperature should be about 60°F., and must not on any account be allowed to go below 50°F. It must also be remembered that infants and old people require more warmth than adults.

In special cases of laryngeal and pulmonary trouble, a temperature of 70°F. sometimes has to be maintained.

The moisture of the atmosphere can be regulated when required, by a steam kettle, or by the evaporation of water placed in open dishes.

The best and healthiest means of warming a room is an open fire place; stoves are not so suitable, as they do not create sufficient ventilation, and have a tendency to dry the air unduly.

The purity of the air in the sick room is of great importance. The windows are the proper means for securing a fresh supply of air, and in cold and windy weather those on the sides away from the wind should be used. Less draught is produced by opening a window at the top, but in warm weather it may be opened at both top and bottom.

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The bedstead should not be placed with one side against the wall, as the nurse should be able to attend to the patient on either side of the bed. The position should be adapted to the situation of the windows, when possible, so as to avoid light falling on the eyes in cases in which this is undesirable, but yet so as to enable a convalescent or chronic invalid to look out of the window ; or if preferred to have the light at the back when reading.

Heavy bedclothes should be avoided ; if extra warmth is required, a large quilt or coverlet is the best, eider down being the warmest.

The room should be dusted, tidied, and cleaned every day. The floor should be swept with a hand brush, damped to avoid raising the dust, or old tea leaves or sawdust may be used. The dust must not be allowed to accumulate under the bed or in the corners of the room.

The face and hands of the patient should be washed night and morning, and if not well enough to take a bath, the whole body should be sponged over with warm water and soap once a day. The teeth should be cleaned regularly with a tooth brush or with a piece of lint fastened on the end of a stick and moistened with some mouth-wash.

The hair should be carefully combed and brushed. The back should be examined in cases of chronic illness, especially in those in which bed sores are apt to occur, and systematically dusted with violet powder or finely powdered boracic acid. If necessary, the skin may be hardened by rubbing with spirits of wine, eau de cologne, or brandy.

Patients unable to sit up in bed will have to be fed by a **feeding cup**. Too much fluid should not be put in at a time, as it may run over the side when the cup is tilted.

A **measured glass** to contain two or three ounces of fluid is useful in order to measure the quantity of nourishment or medicine to be given. The glass is graduated, and marks the different sized spoonfuls and measures.

Hot Water Bottles are an essential of the sick room in cold weather, and should always be in readiness for warming the bed after severe surgical operations, or in cases of collapse. They are usually of earthenware, and should be covered over with flannel. The india-rubber form is to be recommended, as it is soft and comfortable.

Bed Rest. During convalescence, and for those who are obliged to be propped up in bed, some form of bed-rest is necessary. A firm support, such as the hinged bed rest with cane or carpet back, is the best, the pillows being comfortably adjusted to the back and head.

When the patient is well enough to take meals, these should be brought punctually. They should be hot and not lukewarm, and nicely and cleanly served. When finished, the remains should be taken away at once, and not left about.

Administration of Medicine. The following rules should be observed :—

1. The directions on the label of the medicine bottle should always be read before giving the medicine, which should be given punctually at times ordered.

2. The dose must be measured accurately in a measure glass or by the mark on the bottle.

3. Medicine and External Applications, such as Liniments and

THE MANAGEMENT OF THE SICK ROOM.

Lotions, must not be kept near one another, as mistakes are apt to occur in the dark, and fatal poisoning has thus resulted in many instances.

4. Medicine should be shaken before being poured out, and the bottle held with the label side upwards, to prevent the directions being soiled and rendered illegible.

5. The Medicine Glass must be carefully cleansed after using, and oily or strongly flavoured medicines should be administered in a glass kept separately for the purpose.

6. The patient may wash out the mouth after taking nauseous or acid medicines, and a crust of bread or biscuit will assist in removing the taste.

CHAPTER IV.

HÆMORRAGE AND ITS TREATMENT.

HÆMORRAGE, when caused by an artery being divided or torn, may be known by the blood issuing out of the wound in leaps or jerks, and being of a bright scarlet colour. If a vein is injured, the blood is darker and flows continuously.

To arrest the latter, apply pressure by means of a compress and bandage. To arrest arterial bleeding, get a piece of wood and tie a piece of tape to one end of it; then tie a piece of tape loosely over the arm, and pass the other end of the wood under it; twist the stick round and round until the tape compresses the arm sufficiently to arrest the bleeding, and then confine the other end by tying the string round the arm. A compress made by enfolding a penny piece in several folds of lint or linen should, however, be first placed underneath the tape or over the artery.

If the bleeding is very obstinate, and it occurs in the arm, place a cork underneath the string on the inside of the fleshy part, where the artery may be felt beating by anyone; if in the leg, place a cork in the direction of the line drawn from the inner part of the knee towards the outer part of the groin.

If a stick cannot be got, take a handkerchief, make a cork bandage of it, and tie a knot in the middle; the knot acts as a compress, and should be placed over the artery while the two ends are to be tied around the thumb.

Always be careful to place the ligature between the wound and the heart.

Bleeding from the nose, from whatever cause, may generally be stopped by putting a plug of lint into the nostrils. If this does not do, apply a cold lotion to the forehead; raise the head and place over it both arms so that it may rest on the hands.

Dip the lint plug, slightly moistened, into some powdered gum arabic and plug the nostrils again, or dip the plug into equal parts of powdered gum arabic and alum and plug the nose. Or the plug may be dipped in Friar's balsam or tincture of kino. Heat should be applied to the feet, and in obstinate cases the sudden shock of a cold key, or cold water, poured down the spine, will often instantly stop the bleeding.

**You cannot remain DEAF if you wear one of LE BRASSEUR'S
POWERFUL AIDS FOR DEAFNESS.**

See pages 45 to 50 of this Booklet for full particulars.

Business Hours: Mondays to Thursdays, 9 a.m. to 5.30 p.m.
Fridays only, 9 a.m. to 8 p.m. Saturdays, 9 a.m. to 1 p.m.
SPECIAL APPOINTMENTS BY ARRANGEMENT.

Fill up Coupon below for 1924.

List of Medical Goods and Appliances including

Enemas, Syringes, Belts of every description,
Bed Tables and Rests, Deaf Instruments, etc., etc.

Proprietors Regd. Names :

"TRIUMPH" TABLETS

"VI-VIMS"

"TYMPAPHONE"

"SANTALORBS"

"SOPOLETS"

"VARENECOSE"

"BRASPRAY SYRINGE"

"DEMINTESTE"

"INHALOIDS"

"HERNITE"

"AUTOGRAT"

LE BRASSEUR SURGICAL MFRG. Co. Ltd.
90 & 92, Worcester Street, BIRMINGHAM.

Works, Passy, Paris.

LONDON BRANCH: 26, Sackville Street, Piccadilly, W.

All "Mail Order" Communications to 90, Worcester Street, Birmingham.

Telegraphic Cable Codes: Liebers Standard, Western Union.

(Universal Edition) A.B.C. Codes.

Registered Telegraphic Addresses: "Surgical, Birmingham,"

"Surgical, Piccy, London."

Telephone: Midland 2598 Birmingham; 638 Gerrard, London.

Application for Free Surgical List, 1924.

To LE BRASSEUR SURGICAL MFRG. Co., Ltd.,

Dept. M.W., 90, Worcester Street,

BIRMINGHAM, England.

Date.....192...

Dear Sirs,

Please send me per return, post paid, your 1924, 76-page Illustrated Catalogue of Ladies' and Gent's Belts of every description, Inhalators for Nose Breathing, Corset Braces, Rubber Gloves (Household and Surgical use), Douches, Hot Water Bottles, Soap (Toilet and Medical), Cot Nets, Ear Caps for Children, and Surgical Goods of every description.

Yours faithfully,

Name
(State whether Mr, Mrs, or Miss)

Address in full.....

My age is.....

General Notes.

How to Order.

When ordering, it is necessary to quote the Catalogue Number, and to give the quantity required.

All Orders are promptly executed and receive our careful attention, we pay carriage on all parcels in the United Kingdom.

Foreign Orders—Important Notice.

Remittances for these should be increased so as to cover extra cost of packing, insurance, etc. Any excess will be returned. Foreign money is accepted but customers are respectfully asked to see that the amount remitted corresponds with the rate of exchange ruling at the time. Foreign Stamps are not accepted.

ALL REMITTANCES SHOULD BE REGISTERED FOR SAFETY. (Cheques are not considered cash until cleared).

Secrecy.

All parcels of goods of whatever size are all securely packed, and only the name and address of the purchaser appears on the outside.

Addresses.

As our name does not appear on any letters or packages, we shall be obliged if clients will **WRITE THEIR NAME AND FULL ADDRESS VERY PLAINLY AND DISTINCTLY (GIVING THE COUNTY)** on all letters.

Remittances—Most Important Notice.

“Unless a letter or packet containing Notes, Money Orders, Cheques, Postal Orders, Stamps, or Cash is Registered, and a receipt obtained from the Post Office, it is impossible to obtain compensation in the event of loss.”

So please **SEND YOUR REMITTANCE AND ORDER, WHERE POSSIBLE, BY REGISTERED POST.** The registration fee (3d.) may be deducted from amount enclosed.

Use Postal Orders where possible, but the counterfoils should be carefully kept until the order has been received or an acknowledgment sent.

Goods on Approval.

All goods shewn in this catalogue are sent **ON TWO DAYS TRIAL** under guarantee to instantly refund all monies paid on any article returned which fails to give entire satisfaction.

Exchanges.

We are always pleased to exchange within seven days any article returned to us undamaged, providing customers send Remittances to cover cost of carriage. Also please note that **FULL NAME AND ADDRESS MUST BE PUT INSIDE ALL PARCELS** returned to us, as we do not hold ourselves responsible for the safety of goods returned without indication from whom they come.

Le Brasseur Hygienic "Family" Enema

No. 50

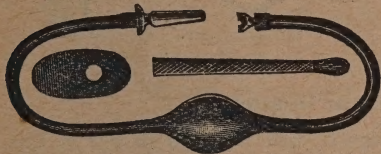


These Enemas are specially manufactured to meet the demands of those who cannot afford a dearer one, and are wonderful value for the money. No family ought to be without a good enema, as many valuable lives have been saved by means of it. *It should be kept ready for use.*

Prices—2/-, 2/9 and 3/6 each.
(Usually sold at 3/6, 4/6 and 5/6.)

Le Brasseur "Seamless" Enema

No. 50a



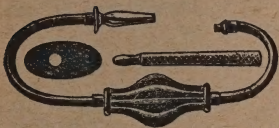
This Enema is made on a similar principle to No. 50, but is superior in quality and fitted with large bulb.

Warranted not to crack.

Prices—4/6 and 5/6 each.

The "Higginson" Enema

No. 49



This is a very convenient form, the bulb disconnecting from the tubes, so that it can easily be carried in a box without kinking the rubber.

Price 7/6 each.

One quality only.

Le Brasseur New "Improved" Syringe

No. 50b



This Enema which is fitted with an extra large bulb, is recommended by us with the utmost confidence as a thoroughly efficient cleanser and detergent. Each enema is fully guaranteed and will last for years. Made from highest grade rubber, warranted not to crack, complete with valves, vaginal and rectal pipes.

Price 7/6 each. One quality only.

Le Brasseur "Hand-Made" Enema, with Glass Tubes.

No. 51



This Enema is warranted pure rubber throughout, and is fitted with either gum elastic, Vaginal and Rectal Pipes or sterilizable glass tubes. It differs from other enemas, the valves being fitted in the two extreme ends, which enables them to be easily removed and cleansed. It will out-last any other make. Fitted with extra large bulb. Specially recommended by the Medical Profession.

Complete with Vaginal and Rectal Pipes in box, one quality, 8/6 each.
We can supply REVERSE CURRENT Gum Elastic Vaginal Pipes to fit all Enemas. Price 1/- each.

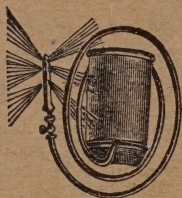
Le Brasseur "Reverse Current" Syringe No. 56

Fine quality Enema, Red Rubber, disconnecting mounts, with all necessary pipes.

One quality only.
Price 8/6 each.



Le Brasseur "Douche." No. 52



Also known as Irrigators.

This Douche is used either in or out of bed. The advantages are—it prevents a cold being taken if used in bed. There is a **constant current** which can be regulated, and it can be kept always ready for use.

Made in two sizes.

Three-pint bronze canister, six feet of tubing, fitted with regulator to produce powerful or gentle current	9/6 each.
Two-pint bronze canister with same fittings	7/9 "
Three-pint ditto, with glass lining complete	14/6 "
Two-pint	12/6 "
Best Rubber "Douche" Tubing (warranted not to kink) ...	9d. foot
Any one part sold separately.	

Lint.

No. 110

For dressing Wounds, etc. Packed in aseptic sealed packages.

Prices 6d., 1/- and 1/9.

Oiled Silk.

No. 111

For covering wet dressings of where there is considerable discharge from the wound.

Prices—1/- ; Treble size, 2/3.

Le Brasseur's Antiseptic Solution.

No. 112

A soothing and antiseptic preparation for the aseptic bathing of open wounds, ulcers, eczema, pimples, etc.

Prices—1/8, 3/- and 5/- post free.

Le Brasseur's Medicated Soap.

This is absolutely the finest Medicated Soap in existence to-day, possesses sound therapeutic properties, and contains ichthyol, sulphur, birch tar, and other antiseptic ingredients. Highly recommended and is positively without equal for cleansing wounds, sores, etc. They should first be bathed with the antiseptic solution (see above) and then washed and cleansed with the medicated soap.

Price—1/3 per tablet or 3 tablets for 3/6.

Accouchement Outfits.

No. 19 These Outfits have been arranged to supply a long-felt want so often experienced by young married ladies, and contain a selected assortment of necessary specialities for use in confinements.

The 17/6 Outfit contains—

- | | |
|--|----------------------------|
| 1 Accouchement Sheet, 36 × 36ins. | 1 Skein Linen Thread |
| 1 Single Proof Mackintosh Sheet, 36 × 36ins. | 1 Pot Carbonised Vaseline |
| 1 doz. Le Brasseur Sanitary Towels, size 1 | 1 Box Finest Violet Powder |
| 2 Baby's Vaccination Pads, Antiseptic | 1 Packet Gauze Tissue |
| 1 doz. Assorted Safety Pins | 1 Belt for Sanitary Towels |
| 1 Packet of Cotton Wool | |

The 25/- Outfit contains—

- | | |
|---|------------------------------------|
| 1 Accouchement Sheet, 36 × 36ins. | 1 Box Finest Fullers Earth |
| 1 Single Proof Mackintosh Sheet, 60 × 36 ins. | 1 Box Finest Violet Powder |
| 1 doz. Le Brasseur Sanitary Towels, size 1 | 1 Pot Petroleum Jelly |
| 1 doz. Le Brasseur Sanitary Towels, size 2 | 1 Skein Linen Thread |
| 1 Le Brasseur Ladies' Binder | 2 doz. Safety Pins, assorted sizes |
| 1 Belt for Sanitary Towels | |
| 2 Baby's Vaccination Pads, Antiseptic | 1 Packet Cotton Wool |
| 1 box Best English Oiled Silk | 1 Packet Gauze Tissue |

The 35/- Outfit contains—

- | | |
|---|-----------------------------------|
| 1 Accouchement Sheet, 30 × 32ins. | 1 Packet Gauze Tissue |
| 1 Accouchement Sheet, 24 × 24 ins. | 1 Box Finest Violet Powder |
| 1 Double Proof Mackintosh Sheet, 36 × 36 ins. | 1 Box Finest Fullers Earth |
| 1 Single Proof Mackintosh Sheet, 27ins. | 1 Pot Petroleum Jelly |
| 1 doz. Sanitary Towels, size 2 | 2 doz. Assorted Safety Pins |
| 1 doz. Sanitary Towels, size 3 | 2 Vaccination Pads, Antiseptic |
| 1 Le Brasseur Ladies' Binder | |
| 1 Belt for Sanitary Towels | 1 Mackintosh Apron |
| 1 Baby's Binder | 6 Large Sanitary Absorbent Towels |
| 1 Packet Cotton Wool | |
| 1 Box Best English Oiled Silk | |

The 50/- Outfit contains—

- | | |
|---|--|
| 1 Accouchement Sheet, 30 × 32ins. | 1 Mackintosh Apron |
| 1 Accouchement Sheet, 18 × 24ins. | 1 Le Brasseur Ladies' Binder |
| 1 Accouchement Sheet, 24 × 24 ins. | 1 Baby's Binder |
| 1 Double Proof Mackintosh Sheet, 60 × 36 ins. | 1 Box Fullers Earth |
| 1 Single Proof Sheet, 27 ins. | 1 Box Violet Powder |
| 1 doz. Le Brasseur Sanitary Towels, size 1 | 2 Pots Petroleum Jelly |
| 1 doz. Le Brasseur Sanitary Towels, size 2 | 3 Baby's Vaccination Pads, Antiseptic |
| 1 doz. Le Brasseur Sanitary Towels, size 3 | |
| 2 Belts for Sanitary Towels | 12 Large Sanitary Absorbent Towels |
| 1 Packet Cotton Wool | |
| 1 Packet Gauze Tissue | 3 doz. Mixed Safety Pins, assorted sizes |
| 1 Box of Best English Oiled Silk | |

When ordering send size of waist for binder.



Ladies' Abdominal Belts, etc.



Le Brasseur's Ladies' Abdominal Belts. No. 13

An Abdominal Belt is a most beneficial appliance for a woman's use, and is usually required by the majority of women at some time during their lives. Our designer in this class of work has made a speciality of arranging for a natural support, not a dangerous figure crammer. One has only to look at the vast number of women during trying periods to understand that it is only the want of a properly fitting support that causes their unnaturally worn appearance. Prolapsus (falling of the womb), Abdominal Obesity, Varicose Veins, etc., are frequently caused by not having proper support, and when once brought on are very difficult to cure. Ladies who are troubled with Corpulency will find an Abdominal Belt the greatest comfort and assistance. Obesity is checked by support, the muscles contract and a restoration to the usual form naturally follows. In cases of Tumours, Floating Kidneys, and other Abdominal Complaints, an Abdominal Belt is indispensable. Doctors have pronounced them absolutely necessary to ensure a safe and successful accouchement.

Now in these belts we claim the last word in scientific construction, quite apart from quality of materials used in its making. No other manufacturers have succeeded in producing a belt that the wearer can instantly adjust, so that the support can be placed exactly where required, no matter what the figure difficulties may be. This belt can be instantly placed to effect its natural and easy support.

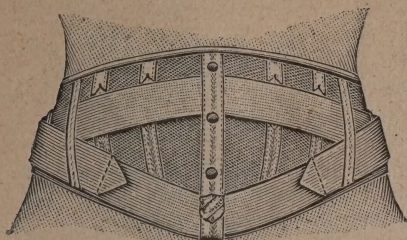
Our belts are made upon the latest scientific principles, and designed and made by our own staff of skilful designers and makers. We guarantee their fitting and quality, and claim (we think justly) that few makers are in a position to suit your requirements as we are, and that is the great secret of our success; and further—we have yet to make a dissatisfied customer.

It would be impossible to give a complete description, but a few words may be useful in describing it.

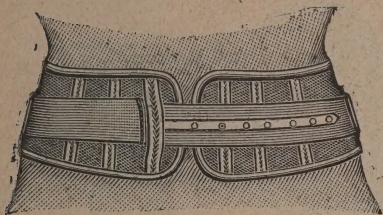
It is made of the finest materials procurable, silk elastic fronts and soft but extremely strong and durable boning. The materials are such that the belt will never wear out and will last a lifetime.

The illustrations given will at once demonstrate how well the belt answers to our description of perfect—yet at the same time so well does it adjust itself, that it does not seem possible that it can be fitted on by the wearer alone in less than one minute.

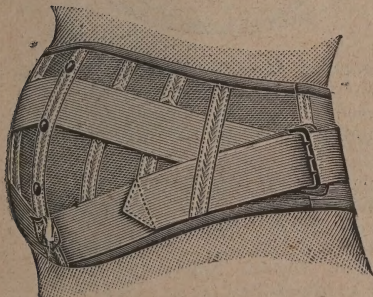
Important.—We would particularly draw attention to the following advantages of this belt;—



Front View.



Back View.



Side View.

1.—It is placed in position, the two ends slipped through slit at back—10 seconds.

2.—Then loosely fasten the ends to the buckles on Fulcrum either side, front of belt—10 seconds.

3.—Make sure the belt is in the correct position, buckle the bands tighter, and the belt is fixed.

It cannot move about or “fidget” you, yet at the same time you are unconscious of its presence save for a naturally splendid feeling of ease and comfort, so different from the almost harness-like belts in ordinary use.

Why not send for one ?

You will wonder why you have ever hesitated when you see it. A belt that is adjustable in less than **one minute and guaranteed support and safety where most needed**, yet so light that you are not **even** conscious of its presence.

These belts are made in four qualities the difference in prices being in the quality of material used. The belt at **27/6** is just as good an article as the one at **45/6**, and so on with other prices, as far as **making is concerned**, but naturally the materials used in its construction **are not so good**.

No. 1	Best quality Sateen. Elastic Sides, very durable	27/6 each.
No. 2	Finest quality Thread Elastic Front, Coutil Sides	35/- „
No. 3	Fine quality Mauve Silk Elastic Front, best Coutil Sides	45/6 „
No. 4	Best White Silk Elastic Front, finest white Coutil Sides, finest quality obtainable	62/6 „

The above prices include all sizes up to 36 in. Over 36 in., 2/- extra is charged for every 2 in. Standard width front of belt, 9 in.

Directions for Measuring, see page 39.

Le Brasseur Abdominal Drab Coutil Ladies' Belt.

No. 13a

For very full and corpulent figures.

This belt possesses all the outstanding features of the Abdominal Belts, No. 13 shown on pages 36 and 37, but has been specially designed to meet the requirements of those with very full figures.

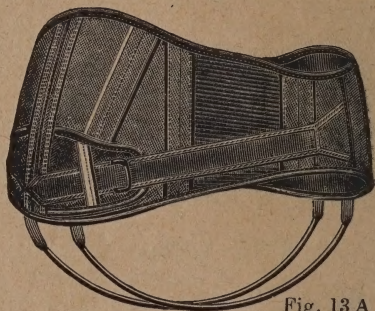


Fig. 13 A

Sufferers from Abdominal Obesity, Abdominal Weakness, Kidney Trouble, Lumbago, Sciatica, etc., will find this perfectly constructed Belt vastly superior to anything hitherto produced, giving the maximum amount of comfort and support and greatly improving the figure without cramping or gripping.

No. 1	Good quality drab Coutil, Elastic Sides, complete with understraps, as illustrated	37/6 each.
No. 2	Fine quality drab Coutil, Elastic Sides, complete with understraps, as illustrated	42/6 „
No. 3	Super fine quality drab Coutil, Elastic Sides, complete with understraps, as illustrated	47/6 „

Prices include all sizes up to 36 in. Over 36 in., 2/- extra is charged for every 2 in.

Kidney Pads can be fitted to any of these Belts at a cost of **7/6** per Pad.

NOTE.—The above belts can be made to buckle at right, left or both sides, or at back, state which required when ordering.

Instructions for measuring will be found on page 39, please also give depth required of front and back of belt.

All Belts specially made to order.

Maternity Belts

No. 13a

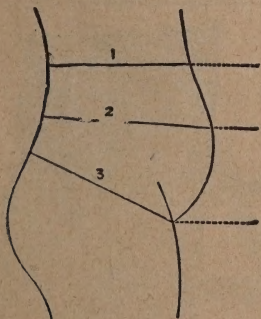
These are specially designed as a support for ladies to be used before accouchement ; they are very light and comfortable but of great support to the abdomen. No. 3 can be adjusted to suit any figure by means of a Fulcrum band fixed to the belt, can be fitted in half a minute and can be loosened or tightened at will. This belt is the acme of perfection, cannot be beaten for durability, neatness and comfort, and is invaluable. Present size of waist only required when ordering.

No. 1.	Cotton Elastic Maternity Belt, no Stays - - -	20/6 ..
No. 2	Cotton Elastic Maternity Belt, of superior make with Whalebone Stays - - - - -	31/6 ..
No. 3	Tricot mesh Maternity Belt complete with Stays, fulcrum band, etc. - - - - -	39/6 ..

The above prices include all sizes up to 36 in.; over 36 in., 2/- extra is charged for every additional 2 in.

For Measurement Instructions, see below.

Methods of Measuring



All measurements to be taken next to the skin.

1—Size of waist.

2—Middle part of abdomen.

3—Lower part of Abdomen.

For Accouchement Binders, the natural size of waist only is required.

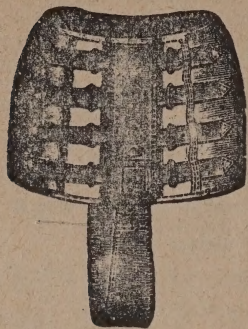
In measuring give size round at 1, 2, and 3, as per illustration.

**IF YOU REQUIRE A BELT NOT MENTIONED IN OUR LIST
PLEASE WRITE US. WE MAKE ALL KINDS OF BELTS,
AND GUARANTEE A PERFECT FIT.**

Le Brasseur Obstetric Belt.

No. 14

For use before and after Accouchement.



An admirable and necessary article for use before and after accouchement, and a vast improvement over the old-fashioned towelling. It is simple in application and requires placing once only, no other fastening than the buckles being necessary. It rapidly reduces the figure to its naturally graceful shape, as it can be adjusted at any time without disturbing or in any way incommoding the patient. Its chief advantages are the complete simplicity of adjustment, combined with comfort and security against improper binding by inexperienced persons.

Price—1st Quality, 21/-

2nd .. 17/6

Le Brasseur Obstetric Binder.

No. 18

Invaluable for Accouchements, smooth, comfortable and soft. Size 54 x 16 inches.

Price 6/6 each.

For above Belts and Binders only natural size of waist is required. Kindly state size when ordering.

LADIES' CAN COMMUNICATE WITH THE MANAGERESS.



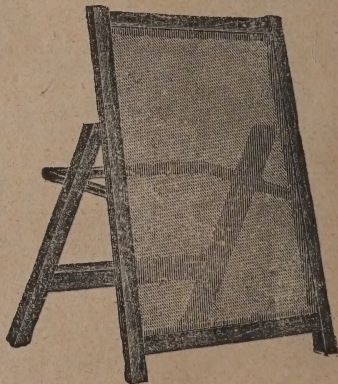
No. 98

**"Le Brasseur"
Bed Table.**

47/6 each.

Size of Top, 23½ x 17½ ins.
Polished Wood.

Can be raised, lowered, inclined or reversed immediately. Reaches over couch, bed or chair, and is just the table required for taking meals in bed, or reading. In a moment it can be changed from a flat table to a reading stand. Cannot overbalance. Adjustable to all parts. Can be put into any position or angle.



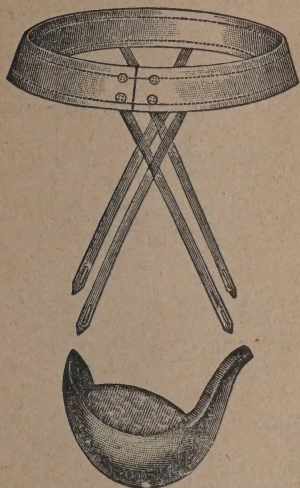
Le Brasseur Bed Rest.

No. 99 Hardwood Frame, Wire Mesh 42/6

Adjustable to any position. Best value obtainable. Indispensable for the sick bed and convalescence.

Le Brasseur Hygienic Sanitary (Rubber) Suspender and Pad.

No. 12



A BOON TO LADIES.

Especially devised for Ladies' travelling or cycling. An old idea in a new and more adaptable form. The pad-holder is made of the finest and most pliable and soft Para Rubber (acme of cleanliness) and the pads fit snugly into it, making it impossible for the secretions to find their way anywhere else but into the pad. The whole Appliance is easily cleaned and the pads can be instantly removed. The belt is adjustable to the figure, with elastic tops to tapes. The rubber holder renders a far greater absorption without the discomfort of a thick pad or quantity of linen.

Price—1 Suspender, 1 Holder and 12 Pads 10/6

" " " " " 24 " 12/6

Extra Pads, 2/6 per doz.

Please quote size of waist when ordering.

Le Brasseur Sanitary Towels.

No. 22

Invaluable for Home, the Seaside or travelling. Specially made for Economy, Comfort and Shape. Being made of the best antiseptic cotton wool and gauze, this ensures softness and pliability, and having a loop of the same material, they are more easily attached to the "Girdle" than similar articles of the same kind. If desired the loop may be cut for tying.

One towel equals two of other kinds, consequently they are the best and cheapest.

One quality only—

Size, 1, 1/1 per dozen. Size 2, 1/6 per dozen. Size 3, 1/10 per dozen.

Special Sample Packets of various sizes, including Le Brasseur "Girdle" by post, 1/-, to any inland address. Packed entirely free from observation.

Highly recommended by the Medical and Nursing Profession.

Le Brasseur Belts for Sanitary Towels.**No. 21**

1/6, 2/6 and 3/6 each. Sizes in stock from 22 to 36 inches.

Le Brasseur Girdle.**No. 23**

For use with our Sanitary Towels. Made of best material. Very soft, perfect comfort and adjustment assured.

6d. each. 5/- dozen.

Le Brasseur Turkish Washable Squares.**No. 24**

The perfect Diaper for Infants. Easily washed.

Size 1—21 x 21in., 15/- dozen.

Size 2—24 x 24in., 21/- dozen.

Le Brasseur Waterproof**Occasional Aprons or Skirt Protector.****No. 20**

For use with Sanitary Towels. Very Light and Durable.

Requires no adjusting.

Price 3/- each.

Le Brasseur Sanitary Wool Sheets.**No. 25****For Accouchements, Operations, etc.**

This sheet is laid under the patient and burnt after use.

No. 1 Size—24 x 24in., 5/-

No. 3 Size—36 x 36in., 7/3

No. 2 Size—30 x 32in., 6/3

No. 4 Size—32 x 40in., 8/6

Catheters and Bougies.**No. 9**

Catheters, Elastic Gum, Double Webs 2/6 each.

„ Best 3/- „

„ Red Rubber 3/6 „

Bougies, Elastic Gum, Double Webs 3/3 „

„ French, Black 3/9 „

The above Catheters and Bougies are stocked in twelve sizes. Silver and Electro-Plated Catheters made to order.

Thermometers.**No. 88**

Food Thermometer, porcelain scale in glass tube, to screw in reversible metal case 3/- each.

Bath Thermometer, scale in glass tube, beech-wood frame, to float 2/6 „

Clinical Thermometer, very strong, most accurate obtainable, registers accurate temperature in 30 seconds 4/3 „

ALL THERMOMETERS N.P.L. TESTED.



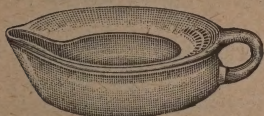
For the Sickroom



- No. 85. White Earthenware Feeding Cup, **3/6** each.
 No. 85a. Best White China Feeding Cup (Hospital Pattern),
2/6 each.
 No. 86. Measure Glass (Graduated), **3/-** each.
 No. 87. Medicine Tumbler, **2/3** each.

NURSE RICHARD'S
New Hospital Bed Pan
 (Regd. No. 257702).

The "PERFECTION" (Regd.)
 Bed and Douche Pan.



No. 65. Fine Earthenware.

This **Bed Pan** is the most sanitary ever invented. Easily and thoroughly cleansed. Invaluable in the sick room. Supplied in 3 sizes, small, medium and large.

Prices: Small, **13/6** each; Medium, **15/6** each; Large, **17/6** each.
 Covers, **3/6** each extra.



No. 65b. Finest Earthenware.

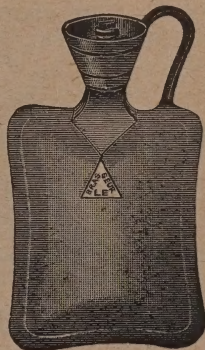
Bed Pan and Douche. Pronounced by medical authorities as supplying a long felt want. Can be easily slipped under the patient with much less movement and greater comfort than the ordinary type. In two sizes:—Medium, **11/6** each; Large, **13/6** each. Covers, **3/-** each extra.

Hot Water Bottles.

The Hot Water Bottles herein described and illustrated, which represent marvellous value for the money, are made from the highest quality Rubber obtainable, and are **PERFECT IN EVERY DETAIL**. We guarantee these Bottles to be absolutely water-tight, and on account of their dependency should be in every home. They are essential for accouchement, and we strongly recommend them for that purpose. Each Bottle is thoroughly tested, and with fair usage **WILL POSITIVELY OUTLAST ANY THREE ORDINARY HOT WATER BOTTLES**. We would warn customers against buying cheap grade articles which quickly leak and perish through insufficient rubber being used in their manufacture.

Prices: 10 x 8 **7/-**, 12 x 8 **7/9**, 12 x 10 **9/6**.

No. 82. LAMBSWOOL COVERS for Hot Water Bottles, in 3 sizes. Prices, **3/-** & **4/3** each.



*See our Name and
 Registered Trade Mark
 on each Bottle.*

Combination Douche and Hot Water Bottle. No. 104

A most invaluable article. Can be converted in an instant from Hot Water Bottle into Douche and vice versa. Ladies who travel will find it a great boon, as it does not take up any valuable space. Finest Red Rubber. Vulcanite Pipes and Rubber Tubing. Packed in a strong waterproof-lined canvas satchel.

3 pints, 18/6 4 pints, 21/6

Mackintosh Goods.

No. 96

Many makes of Mackintosh Aprons, etc., are sold at low prices, but we advise customers from experience to buy only those goods which are free from odour, and will not rot or crack immediately after use, as cheap articles are dear at any price. Mackintosh Sheets, Aprons, etc., should not be washed with soap but sponged with warm water and put out in the open air to dry. Infants' Pilches should be lined with flannel.

APRONS.

Check, lined with Rubber	
usual size ...	4/3
" " larger size ...	5/6
Fancy Sateen, striped or floral	7/-
Mackintosh, fancy ...	7/6
Drab Twill, hospital sheeting	9/3

SHEETINGS.

Single Proof.	
Cot Size, 27 x 18in. ...	4/3
" 30 x 18in. ...	4/9
Bed Size, 48 x 36in. ...	8/9
" 54 x 36in. ...	11/3

BIBS.

Mackintosh, bound ...	1/-
" fancy ...	1/6
" " best quality...	2/3

Double Proof.

Cot Size, 27 x 18in. ...	6/3
" 30 x 18in. ...	7/-
Bed Size, 48 x 30in. ...	11/3
" 54 x 36in. ...	14/9
" 60 x 36in. ...	17/6

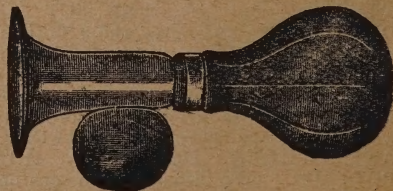
PILCHES.

Mackintosh, white, buttoned	2/6
" lined flannel ...	4/3
" " best quality	5/6

Sanitary Wool Sheets.	See
for Accouchment	No. 25
purposes, large size	Page 42

Breast Relievers.

No. 77. Fitted with glass mount. The bulb is made of india-rubber. Best quality, 3/6 each.



Nipple Shields.

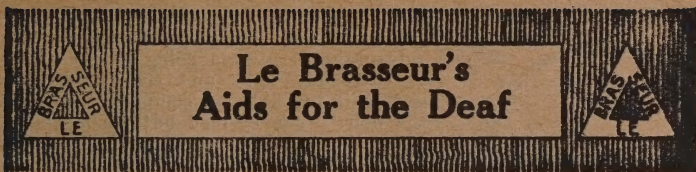


No. 78.

Fig. 1 Black India-Rubber 1/- each.

Fig. 2 Glass Shield, with Teat 1/9 ..





The Disadvantage of Deafness.

None but those who suffer from Deafness can realize to what disadvantage they are placed with their fellow creatures. Unfortunately little sympathy is alienated towards them either at business or elsewhere, and in consequence their progress or success in Life is seriously affected. Notwithstanding the extraordinary success of Le Brasseur's electrical and non-electrical Aids, there still exists amongst many deaf people a deep rooted prejudice against wearing any instrument, it should be borne in mind that Artificial Aids are as essential to the ears as eye-glasses for defective eyesight.

The person who is ordinarily deaf should not overlook the fact that the more they hear the better will become their hearing, as like other organs, disuse creates inactivity. The difficulty of hearing often causes many to abandon listening, this is a great mistake and it should be remembered that constant use of a sense cannot fail to develop that sense, so that given the help of one or the other of Le Brasseur's Aids, the hearing must necessarily improve.

Swan-shaped Oxydised Ear-Trumpet.



An idea as to the size of this useful little instrument may be gathered from the fact that it can be comfortably carried in the waistcoat pocket when not in use. For so small a hearing device it is extremely efficient and powerful.

					£	s.	d.
D216	Height	2½ in.	width	1½ in.	diameter	3½ in.	Price 1 2 6
D217	"	2½ in.	"	1½ in.	"	3½ in.	" 1 5 6
D218	"	2½ in.	"	1½ in.	"	4 in.	" 1 10 0

We can also supply the above instruments in Nickel Plate at the following prices:—D216 27/6 ... D217 30/6 ... D218 35/-

"Auditones" Double and Single.

D240 Single "Auditone." For non-electrical Aids the "Auditone" represents the latest device for hearing, and has the advantage of always being in position for use. Is extremely light and cool, and Ladies can render it invisible by completely covering with the hair. The correct adjustment is obtained by sliding the spring on head band, enlarging or reducing as required.

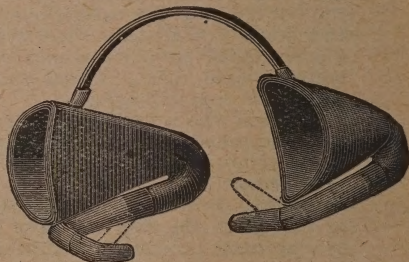


D239 Double "Auditone" in Oxydised Metal, covered corded silk and padded to prevent chafing. Price **£3 3s. 0d.**

D240 Single "Auditone" in Oxydised Metal, for left or right ear (as illustration).

Price **£1 12 6**

The instrument D241 (illustrated at side) although modelled on similar lines to the "Auditones" D239 and D240 is a great improvement on anything hitherto produced. The collectors are made of the lightest and finest resonating metal, covered black silk. As shown by our illustration the tortoiseshell ear pieces have two separate adjustments, thereby assuring absolute comfort in wear. Can be thoroughly recommended for those who desire a comfortable, light and powerful aid.

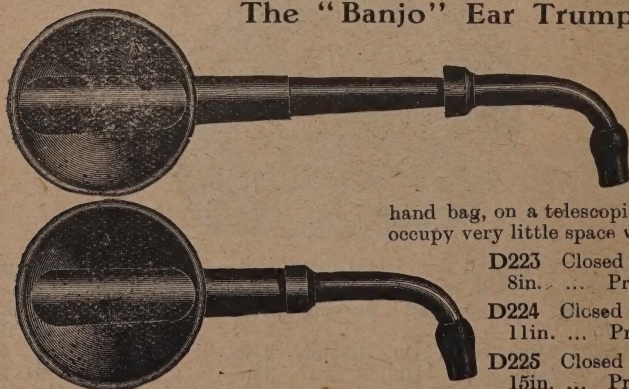


D241

D241 Double "Auditone," as illustrated **£4 4 0**
D242 Single "Auditone" **£2 5 0**

Please Note —When ordering Single "Auditones" state whether for Left or Right Ear.

The "Banjo" Ear Trumpet.



These instruments are so designed to allow of them being easily carried in the pocket or

hand bag, on a telescopic principle they occupy very little space when not in use.

D223 Closed 5½ in., extended 8 in. ... Price **£0 15 0**

D224 Closed 7½ in., extended 11 in. ... Price **£1 5 0**

D225 Closed 9½ in., extended 15 in. ... Price **£1 12 6**

D226 Very powerful Banjo Ear Trumpet in Tortoiseshell, overall length 19 in., diameter of cup (transmitter) 5½ in. Price **£2 7 6**

EAR TRUMPETS.



Bell and Oval-shaped Ear Trumpet.

OVAL.

								£	s.	d.
D206	2in. diameter, Nickel Plate or Japanned Metal, Price							12	6	
D207	2½in.	"	"	"	"	"	"	15	0	
D208	2½in.	"	"	"	"	"	"	17	6	
D209	2½in.	"	"	"	"	"	"	1	0	0
D210	3in.	"	"	"	"	"	"	1	5	0

BELL.

D211	3½in. diameter Nickel Plate or Japanned Metal, Price	1	0	0
D212	3½in.	"	4	6
D213	3½in.	"	7	6

Telescopic Ear Trumpets.

Made in superior quality Vulcanite, extremely light, durable, and of good power, being in sections and collapsible. Are quite conveniently carried.



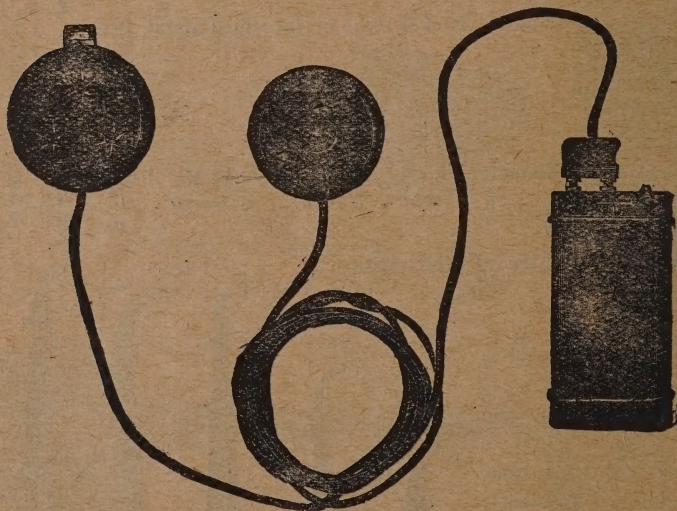
			£	s.	d.
D220A	Two Sections, length closed 4½in., extended 6½in.	Price	0	17	6
D220B	Two Sections, length closed 6½in., extended 9½in.	"	1	2	6
D221A	Three Sections, length closed 7in., extended 12½in.	"	1	7	6
D221B	Three Sections, length closed 7in., extended 12½in.	"	1	12	6
	(large scale)	"	1	15	0
D221C	Three Sections, length closed, 7½in., extended 13½in.	"			

Le Brasseur's Electrical Aids for the Deaf.

The "POWERPHONE."

Five times more powerful than any Non-Electrical Aid.

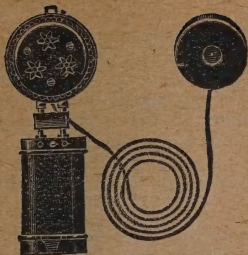
It is hardly necessary to give a lengthy description of the Electrical appliances or to describe the mechanism of each individual instrument, briefly they are all on the principle of the telephone but considerably greater in power. For the most severe cases of deafness their use is indispensable. In design the "Powerphone" is light and small and can be worn without any degree of discomfort. The Collector or Sound Box can be attached to the outer garments, or hidden away under the coat or dress with equal advantage. In use the Receiver or Ear Piece is no more conspicuous than an eyeglass and Ladies by so arranging their hair, can render it quite invisible. Therefore apart from the thin insulated wire which connects the Ear Piece to the Transmitter and Battery, it is possible to completely conceal the entire instrument. The simplicity of the "Powerphone" combined with the enormous advantages gained has made it tremendously popular.



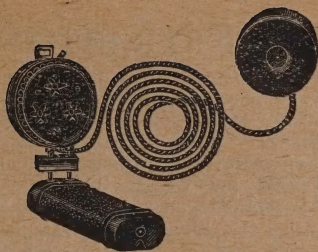
"POWERPHONE" No. D250. Model "A."

The unique and outstanding feature of this electrical aid is that the Transmitter (i.e., Collector) has three distinct microphone diaphragms, when a single diaphragm is sufficient to render the voice or sound clearly—but not sufficiently loud—to a deaf person, the result of uniting and inserting three such diaphragms into one Transmitter, can be readily imagined.

Price Complete in Black Morocco Case lined velvet, with two
Batteries and Head Band — — — **23 15 0**



No. D250 Model "B" (Fig. 1).



Model "B" (Fig. 2).

"Powerphone" No. D250. Model "B."

This Model is specially designed for use in Public Buildings and will be found of great advantage to Business Men and Women. The powerful Transmitter, which is fitted with three separate microphone diaphragms, can be mounted on top of battery (Fig. 1) or as shewn (Fig. 2), connected at side and placed in a convenient position on a table or desk.

This Model can also be supplied with a transmitter attached to the battery by means of the ordinary cable connection as shewn by Model "A" on preceding page.

Price, complete in Black Morocco Case, lined velvet,
with two Batteries and Head Band **£5 0 0**

FREE TRIAL.

SPECIAL NOTE.—To enable customers, or intending purchasers to prove the serviceability and power of the "Powerphone," Models illustrated on pages 48 and 49 we will allow **2 days' trial**. If in the unlikely event of the instrument not giving complete satisfaction we will willingly take it back and exchange it, or refund the full cost of the instrument less a nominal charge of 5/- for use of batteries, postage, packing, etc.

"Powerphone" Accessories.

Batteries for Models A and B		1/6 each.
Telescopic Handles (Black) to suit all Models on pages 48 and 49		3/6 ,,
Head Bands, ditto		1/6 ,,

DEMONSTRATIONS.

The Deaf Instruments illustrated on pages 45 to 49 and many others, which space does not permit of us describing in this list, are daily being demonstrated at our Consulting Rooms in Birmingham—90 and 92, Worcester Street, and London—26, Sackville Street, Piccadilly, W. Customers are cordially invited to inspect these Instruments and obtain **FREE ADVICE** from our highly experienced Male and Female Attendants.

"TYMPAPHONES."

Regd. No. 329476.

An Invisible but powerful Aid for the Deaf.

No. 103

The "Tympanophones" retract and focus the rays of sound as to act on the auditory nerve, and a full capacity is obtained. They may be entirely or partially destroyed, perforated, scarred, or thickened, but the focussing action of the "Tympanophones" enables the Aura nerve to feel the slightest sound and convey it to the brain.

Small, delicate in design and material, pleasant, and comfortable to wear, they can be inserted and removed by the merest child.

"Tympanophones" can be worn alike by children or adults. They are absolutely harmless, as they contain no metal whatsoever, and can be worn without detection.

Before using the "Tympanophones" it is necessary to remove any wax that may have accumulated in the ears; our "Tympanophone" Oil is the most effective means of doing this. A bottle of this Oil together with Antiseptic Syringe is supplied with every outfit.

PRICE OF OUTFIT (Catalogue No. 103): The **COMPLETE OUTFIT**, containing 1 pair of Le Brasseur "TYMPAPHONES," 1 Bottle "TYMPAPHONE" OIL, 1 "TYMPAPHONE" ANTISEPTIC SYRINGE, with full directions, securely and privately packed, will be sent for **15/-**

Extra "TYMPAPHONES" are supplied at **6/6** each, or **12/-** per pair.

Stols Electrophone for Deafness.

We are the Sole Midland Agents for **THE STOLS ELECTROPHONE CO. (1914) LTD.** Write for particulars and details of 15 days trial.

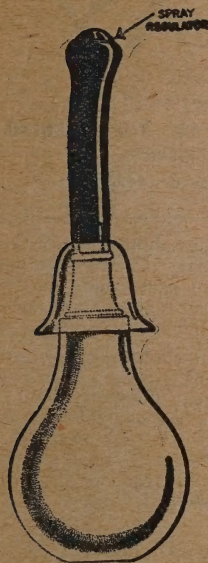
Also Agents for

Hawksley's Auricles and other Aids for the Deaf.

Full particulars on application.

Le Brasseurs Sprays, Enemas, Syringes, etc.

LE BRASSEURS' "PERFECT" WHIRLING SPRAY. No. 53a.



IT is an established fact, and one openly accepted by the Medical profession, that many of the common ailments to which the great majority of women are subject could be easily prevented by the regular use of a reliable spray. Hitherto its use has been regarded as necessary only at certain times and when under Medical Treatment. Perhaps this can be attributed in a measure to the inconvenient and unsatisfactory cleansing facilities at their disposal, but, with the knowledge that a perfect Whirling Spray is now obtainable at very little cost, there is reason to hope that every woman will come to regard its regular use as of paramount importance in promoting good health, and at the same time preventing the many little ailments to which her sex is liable.

THE WHIRLING SPRAY HEREIN ILLUSTRATED is an exceedingly efficient spray, embodying all the latest improvements and is greatly superior to anything

hitherto produced at the price. Very convenient to use, extremely simple in action, easily and quickly cleaned, has a liquid capacity of 8 ounces, and is made entirely of best rubber and vulcanite, no metal parts to corrode or wear out.

COMPLETE IN BOX WITH FULL INSTRUCTIONS,

Price 7/6 each, *post free.*

SPECIAL CHEAP WHIRLING SPRAY

No. 53b.

THE design of this Spray is on similar lines to No. 53a, described above, and has been specially manufactured by us to meet the requirements of those who cannot afford a more expensive article.

Price 3/6 each in box,

Post free.

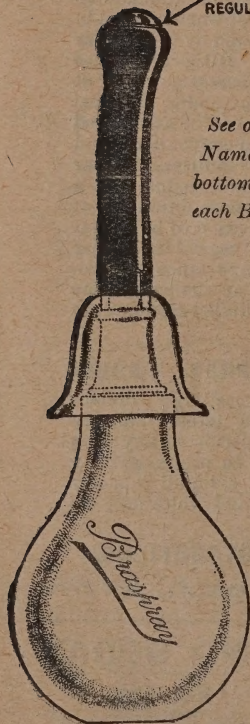
“BRASPRAY” SYRINGE.

SPRAY
REGULATOR

RECOMMENDED BY THE LEADING
PHYSICIANS.

(Registered No. 353512).

See our
Name on
bottom of
each Bulb.



The days of the clumsy, inconvenient syringes, with their intricate parts and faulty streams of water, are past, their place being taken by modern and up-to-date bulb syringes with their cleansing and effective discharges.

It is well known that regular injections are recommended very strongly by doctors as a very important agent for many ailments of women, and for this purpose the syringe has been specially devised. We are often asked to recommend a spray *which cannot fail in its action*, and we have no hesitation in saying the “**Braspray Syringe**” meets this requirement exactly.

Some of the many advantages to be gained by using the “**Braspray**” are that there are **no screws, pipes, or valves to get out of order**; it has extreme simplicity of action; it is easily cleansed; **no leakage is possible**; and it **will last for years**.

Unlike other syringes, the “**Braspray**” has an **extra large bulb**, with a guaranteed capacity of 9 ounces, and holds the **fullest quantity of water possible**. When the Bulb is released the liquid is **again drawn into the Bulb**.

It is worth 21/-; we sell it for

12/6

It is only obtainable from us at this low because we are the Manufacturers.

UNOBTAINABLE ELSEWHERE.

Every Woman should have one for Cleanliness.

The Manageress,
Le Brasseur Surgical Manufacturing Co., Ltd. (Dept. M.W.),
90 & 92, Worcester Street, BIRMINGHAM, ENGLAND.

PRESS OPINIONS.

EXTRACT FROM "HEALTH AND STRENGTH."

February 2nd, 1924

After Doctors, Surgeons and Medical Institutions have all failed.

The high opinion expressed by the Medical Profession with regard to "Varenecose" has placed this wonderfully popular treatment for Varicose Veins, Ulcers, Bad Legs, etc., on a very high level. Messrs. Le Brasseur Surgical Manufacturing Co., Ltd., of Birmingham, London and Paris, are to be congratulated on the remarkable results obtained.

Before the discovery of "Varenecose," Varicose Veins, Ulcers and other leg complaints had completely baffled medical men, and the fact that this Treatment has permanently cured cases regarded as beyond medical skill is the finest testimony it is possible to record.

The confidence which this firm has in "Varenecose" is evidenced by the fact that they unhesitatingly offer to send it on approval, and their claim to permanently cure Varicose Veins, Ulcers and Bad Legs, etc., is amply justified by the unsolicited testimonials we have seen. They have on record numerous cases where the "Varenecose" Treatment was most successfully applied after Doctors, Medical Institutions, etc., had to admit defeat.

"THE BAPTIST TIMES AND FREEMAN."

Says—

December 28th, 1923

No invention for the alleviation and permanent cure of Varicose Veins, Ulcers, Bad Legs, etc., has achieved such wonderful results as "Varenecose," the discovery of Le Brasseur Surgical Manufacturing Co., Ltd., of Birmingham, London and Paris. They have already established a high reputation and gained the complete confidence of the public by their conscientious and straightforward methods. **The "Varenecose" treatment is sent on approval, an offer which all sufferers should accept as proof that the Company can positively and permanently cure Varicose Veins, Ulcers, Bad Legs, etc.** Judging from the remarkable cures which this treatment has effected in seemingly the most hopeless cases, as evidenced by numerous unsolicited testimonials we have read, it is no exaggeration to say that "Varenecose" is fully recognised to be the most reliable treatment for all sufferers from Varicose Veins, Ulcers, Bad Legs, etc.

"HEALTH AND EFFICIENCY."

Says—

January 1st, 1924

VARICOSE VEINS CURED.

Messrs. Le Brasseur Surgical Manufacturing Co., Ltd., of Birmingham, London and Paris, guarantee to **positively and permanently cure Varicose Veins, Bad Legs, etc., without operation, drugs or bandages**, by a new scientific method. This claim is abundantly confirmed by the sheaf of unsolicited Testimonials we have seen. One of the letters tells of a leg that has been bad for nine years and is now perfectly cured. Another sufferer records thanks for the complete cure of a very bad Varicose Ulcer. The patient states it was once agony to stand for a short while, but she can now stand for any length of time without pain or discomfort, and walking is now a pleasure instead of a painful task. "I am cured" write many others. Readers who may be suffering the agonies and discomfort that Varicose Veins bring in their train would be well advised to give this treatment a trial. **The Company have the fullest confidence in their treatment by their offer to send it on approval.** We feel sure that the result will prove equally as gratifying as it has been in many other cases.

"THE METHODIST TIMES."

Says—

December 13th, 1923

No discovery of modern times has been so far-reaching in its service to suffering humanity than the "Varenecose" treatment for Varicose Veins, which has been registered by Le Brasseur Surgical Manufacturing Co., Ltd., of Birmingham, London and Paris. Prior to the discovery of "Varenecose," Varicose Veins were admittedly a source of great anxiety to doctors, and the high opinion expressed by the Medical Profession with regard to the "Varenecose" Treatment, which has actually cured cases regarded as incurable, is a great compliment to Le Brasseur's wonderful achievement. The unremitting care given to each case is undoubtedly a big factor in the extremely high percentage of successes recorded, and the fact that the Company have no hesitation in sending it on approval is proof that they have the most complete confidence in their treatment.

Press Opinions.

(Continued.)

"THE WESLEYAN METHODIST."

Says—

November 8th, 1923

Le Brasseur Surgical Manufacturing Co., Ltd., the well-known firm, of 90 and 92, Worcester Street, Birmingham, London and Paris, have revolutionised the treatment of Varicose Veins, Ulcers, and every other leg complaint, by a new method, which is registered under the name of "Varenecose." **They have already earned the highest approval of the medical profession and gained a popularity that is world wide.** They have on record evidence of several cases where **their new treatment was most successfully applied after an operation had failed.** The most stubborn cases must yield under the influence of "Varenecose."

"THE COUNTRY GENTLEMAN AND LAND AND WATER."

Says—

September 23rd, 1911

SHOPPING BY POST.—Shopping through post is now quite the thing. Messrs. Le Brasseur Co., Ltd., are one of the pioneers of the business, and have a **Reputation second to none.** As a **Guarantee** of their **Straightforward dealings**, all their goods are replaced by others if they are not exactly what the purchaser requires.

"THE WAR OFFICE TIMES AND NAVAL REVIEW."

Says—

October, 1911

Le Brasseur Co., Ltd., the well-known firm of Paris and Birmingham, of whose business methods we hear the best accounts, have established a big business by many years' **scrupulously fair trading.** Their success has been achieved by the supply of **sound** articles. They are the **actual manufacturers** of their own goods, a fact which accounts for the extreme moderation in price, an idea which can be gathered by a glance at their Catalogues, and, while daily replenishing their large stock with goods that they guarantee, they are able to sell at **exceedingly low prices**, owing to the system by which the **Customer and Manufacturer divide the profits.**

"THE PHARMACEUTICAL JOURNAL."

Says—

December 9th, 1911

Le Brasseur Surgical Manufacturing Co., Ltd., of Paris, have opened an extensive branch office in Birmingham. Their new premises are stocked with every kind of surgical goods and appliances, and those firms who are not already doing business with them are invited to write at once for their revised price list. **They spare no pains to afford every satisfaction to their customers,** and the fact that they manufacture their own goods accounts for the **extreme moderation in their prices.**

"THE BRITISH AND COLONIAL DRUGGIST."

Says—

March 1st, 1912

Since Messrs. Le Brasseur Surgical Manufacturing Co., Ltd., the well-known firm of Paris, have been established at 90 and 92, Worcester Street, Birmingham, England, their business has increased rapidly, and **this success is sufficient evidence of the satisfaction of their numerous clients.** All business is conducted in a purely confidential manner between the Company and its customers, and the motto of the firm is **"lowest price, highest quality, quick delivery."** A Catalogue of the firms products may be obtained on application.

"THE PHARMACEUTICAL JOURNAL."

Says—

October 8th, 1917

Le Brasseur's **"Autocrat" Pneumatic Rupture Appliance** is a contrivance of which the inventors speak in very high terms. The Company has constructed this appliance on the principle that if something could be devised to hold the rupture successfully, nature herself would repair the weakened muscles and tissues. This Le Brasseur claim to have done, and they guarantee that the appliance will hold the rupture under all circumstances. An interesting booklet is supplied by the Company, copies of which may be obtained by applying to Messrs. Le Brasseur Surgical Manufacturing Co., Ltd., 90 and 92, Worcester Street, Birmingham.